

Fired Wok
TASTY FOOD CHOP CHOP



01524 36000

98 Prospect Street • Lancaster • LA1 3BH
(up the hill from Greaves Park & down the hill from St. Martins)

• **FREE DELIVERY** •

On orders over £10 to Central Lancaster & Universities

PAYMENTS BY CASH ONLY • NO CHEQUES

See item descriptions, ingredients and reviews at our website...

www.firedwok.co.uk

STARTERS

1. Crispy Aromatic Duck..... ¼ £ 7.00 ½ £13.20
Eaten Rolled Up in a Pancake with
Sliced Cucumber, Spring Onions & Hoi Sin Sauce
2. Ribs (dry) 3. Spicy Sauce 4. Chilli & Salt
16. Barbecue Sauce 294. OK Sauce..... £4.60
5. Crispy Pancake Roll (Meat)..... £1.80
6. Deep Fried Crispy Crab Claws (4)..... £3.20
8. Vegetarian Pancake Roll..... £1.80
10. Mixed Hors D'oeuvres (Prawn Toast, Seaweed,
Spring Roll, Spare Ribs and Sweet & Sour Sauce)
2 persons (Addition £4.00 per head)..... £8.00
11. Prawn Crackers £1.20
13. Satay Chicken (4 skewers) £3.20
14. Satay King Prawns (4 skewers)..... £3.20
15. Sesame Prawn Toast (6 pieces)..... £3.20
154. Grilled Dumplings (6 pieces) £3.60
17. Crispy Spring Roll Cantonese Style (4) (Meat)... £2.20
18. Crispy Seaweed..... £2.80
19. Crispy Won Ton..... £3.00
283. Thai Chilli Chicken Wings 🍴 £4.00
193. Sea Chicken (Shredded Chicken with seaweed) £4.40
194. Vegetable Curry Roll (2) £2.20

CHILLI & SALT 🍴

190. Mixed Special (Prawn, Ribs, Chicken & Chips) £5.00
4. Spare Ribs in Chilli & Salt..... £4.60
9. King Prawn in Chilli & Salt £4.00
20. Chicken Wings in Chilli & Salt..... £4.00
282. Diced Crispy Chicken in Chilli & Salt £4.60
153. Chips in Chilli & Salt..... £2.60
169. Bean Curd in Chilli & Salt..... £4.00
191. Crispy Beef in Chilli & Salt £4.60

SOUPS

21. Chicken & Mushroom Soup £1.80
22. Chicken & Noodle Soup..... £1.80
23. Chicken & Sweetcorn Soup £2.00
24. Hot & Sour Soup 🍴 £2.00
254. Tom Yum Seafood Soup 🍴 £2.40
26. Vegetarian Sweetcorn Soup £1.80
27. Vegetarian Hot & Sour Soup 🍴 £2.00
28. Won Ton Soup £2.20

OMELETTES (All Served With Chips)

134. Chicken..... £4.60 135a. Plain Omelettes £3.80
135. Mushroom... £4.40 135b. Veg Foo Yung..... £4.40
136. King Prawn.. £5.00 134F. Chicken Foo Yung £4.40
137. Special £5.00 (F Y not served with Chips)

FIRED WOK SPECIALITIES

All Speciality Dishes Are Large Servings Delicately
Cooked in Fired Wok Home-Made Sauces

181.	Diced Crispy Chicken in Salad Sauce	£4.80
30.	Chicken with Cashewnuts in Yellow Bean Sauce ..	£4.80
31.	Fired Wok Special with Fried Rice	£5.60
32.	Fired Wok Special with Chow Mein	£5.60
33.	Happy Family (pork, chicken, beef, king prawn)	£4.80
34.	Chop Kam (pork, chicken, duck, cashewnuts) 	£4.80
35.	Wandering Dragon (prawns, chicken, oyster sauce)	£4.80
40.	Roast Duck with Barbecue Sauce	£5.40
41.	Roast Chicken with Barbecue Sauce.....	£4.80
42.	Fired Wok Lemon Chicken.....	£4.80
204.	Duck in Lemon Sauce.....	£5.40
205.	Duck in Plum Sauce.....	£5.40

SPICY DISHES (Large Serving)

36.	King Prawn Koon Po Style.....	£5.40
37.	Chicken Koon Po Style	£4.80
38.	Fired Wok Crispy Beef in Spicy Sauce	£4.80
39.	Fired Wok Crispy Chicken in Spicy Sauce.....	£4.80
43.	Chicken Satay Main Course	£4.80
44.	Beef Satay Main Course	£4.80
45.	King Prawn Satay Main Course	£5.40
192.	Mixed Meat Satay (Chicken Beef Roast Pork)	£5.40
261.	King Prawn Szechuan Style.....	£5.40
271.	Beef Szechuan Style.....	£4.80
281.	Chicken Szechuan Style.....	£4.80
310.	Ma Po Dou Fu.....	£4.80

CURRY DISHES

29.	Special Curry (Pork, Chicken, Beef, Prawns).....	£4.60
62.	King Prawn Curry	£4.60
72.	Beef Curry	£4.20
82.	Chicken Curry	£4.20
92.	Roast Pork Curry	£4.20
102.	Roast Duck Curry.....	£4.60
162.	Mixed Vegetable Curry.....	£3.60
163.	Mushroom Curry	£3.60

SWEET & SOUR DISHES

46.	Fired Wok Special Sweet & Sour.....	£5.20
	(Cantonese) (King Prawns, Chicken & Pork)	
47.	Sweet & Sour King Prawns (Cantonese).....	£5.20
48.	Sweet & Sour Chicken (Cantonese)	£4.80
49.	Sweet & Sour Pork (Cantonese).....	£4.80
166.	Sweet & Sour Vegetable	£3.60
60.	Sweet & Sour Prawn Balls	£4.60
80.	Sweet & Sour Chicken Balls	£4.20


PRAWN	DUCK	DISHES (go large £1.20 extra)
61.	101.	with Cashewnuts..... £4.60
63.	103.	with G P in Black Bean Sauce £4.60
64.	104.	with Beansprouts £4.60
65.	105.	with Fresh Mushroom £4.60
66.	106.	with Pineapple £4.60
67.	107.	with Oyster Sauce..... £4.60
68.	109.	with Mixed vegetables £4.60
260.	200.	with Ginger & Spring Onion £4.60

BEEF	CHICKEN	PORK	DISHES (go large £1.20 extra)
71.	81.	91.	with Cashewnuts..... £4.20
73.	83.	93.	with G P in Black Bean Sauce £4.20
74.	84.	94.	with Beansprouts £4.20
75.	85.	95.	with Fresh Mushroom £4.20
76.	86.	96.	with Pineapple £4.20
77.	87.	97.	with Oyster Sauce..... £4.20
79.	89.	99.	with Mixed vegetables £4.20
270.	280.	290.	with Ginger & Spring Onion £4.20
274.	284.	294.	in OK Sauce..... £4.20

CHOP SUEY DISHES (go large £1.20 extra)

51.	Beef Chop Suey.....	£4.20
52.	Chicken Chop Suey	£4.20
53.	King Prawn Chop Suey.....	£4.40
56.	Special Chop Suey	£4.20
57.	Roast Pork Chop Suey	£4.20

CHOW MEIN DISHES (Soft Noodles)

110.	Roast Duck Chow Mein	£4.60
111.	Beef Chow Mein.....	£4.60
112.	Chicken Chow Mein.....	£4.60
113.	Mixed Vegetable Chow Mein	£4.40
114.	King Prawn Chow Mein.....	£4.80
115.	Plain Chow Mein	£2.40
116.	Roast Pork Chow Mein	£4.60
118.	Special Chow Mein	£4.80
119.	Singapore Rice Noodle 	£4.80

FRIED RICE DISHES

121.	Beef Fried Rice	£4.40
122.	Chicken Fried Rice.....	£4.40
123.	Egg Fried Rice	£1.80
124.	King Prawn.....	£4.60
125.	Steamed Rice	£1.60
126.	Roast Pork Fried Rice.....	£4.40
127.	Shrimp Fried Rice	£4.40
128.	Mixed Vegetable Fried Rice.....	£4.00
129.	Special Fried Rice.....	£4.60
130.	Singapore Fried Rice 	£4.60

VEGETARIAN DISHES

113. Mixed Vegetable Chow Mein	£4.40
128. Mixed Vegetable Fried Rice	£4.00
140. Chips.....	£1.50
151. 3 in 1 (Chips, Fried Rice, Curry Sauce).....	£2.50
141. Bamboo Shoots & Water Chestnuts	£2.40
142. Beansprouts.....	£2.40
143. Mushroom in Gravy.....	£2.40
145. Mixed Vegetable	£2.80
161. Mixed Vegetable Koon Po Style 	£3.40
162. Mixed Vegetable Curry.....	£3.40
163. Mushroom Curry	£3.40
164. Mushroom Chow Mein	£3.60
165. Mushroom Fried Rice.....	£3.40
166. Sweet & Sour Mixed Vegetable	£3.40
167. Bean Curd in Black Bean Sauce with Green Pepper	£4.00
168. Bean Curd in Sweet & Sour Sauce (Cantonese Style)	£4.00
169. Bean Curd in Chilli & Salt 	£4.00
170. Bean Curd with Mixed Vegetable in Oyster Sauce.	£4.00
171. Bean Curd Szechuan Style 	£4.00
172. Bean Curd in Satay Sauce 	£4.00
173. Bean Curd with Ginger & Spring Onion	£4.00
174. Vegetarian Singapore Rice Noodle 	£4.40

SAUCE & SWEETS

146. Barbecue Sauce	147. Curry Sauce	152. Spicy Sauce
148. Sweet & Sour Sauce.....	£1.00	
149. Pineapple Fritter	150. Banana Fritter.....	£2.00

SPECIAL ALL IN ONE BOX MEALS

(All Box meals come with Fried Rice)

L1. Beef Curry.....	£4.40
L2. Beef with Green Pepper in Black Bean Sauce	£4.40
L3. Beef with Fresh Mushroom	£4.40
L4. Beef with Pineapple	£4.40
L5. Beef with Mixed Vegetables.....	£4.40
L6. Crispy Beef in Spicy Sauce.....	£4.40
L7. Chicken Curry	£4.40
L8. Chicken with Bamboo Shoots & Mushrooms...	£4.40
L9. Chicken with Pineapple.....	£4.40
L10. Chicken with Mixed Vegetables	£4.40
L11. Sweet & Sour Chicken Balls	£4.40
L12. Crispy Chicken in Spicy Sauce	£4.40
L14. Chicken with Green Pepper in Black Bean Sauce	£4.40
L15. Roast Pork Curry	£4.40
L16. Sweet & Sour Special Cantonese Style.....	£4.60
L17. King Prawn Curry.....	£4.60
L18. King Prawn with Green Pepper in Black Bean Sauce.....	£4.60
L19. King Prawn with Bamboo Shoots with Mushroom	£4.60
L20. King Prawn with Beansprouts	£4.60
L22. Roast Duck with Barbecue.....	£4.60

Traditional Set Meals

A FOR 1 PERSON £8.80

Sesame Prawns On Toast (2 pieces)
Beef Chop Suey
Sweet & Sour Chicken Cantonese Style
Egg Fried Rice

A2 FOR 1 PERSON £7.40

Crispy Spring Roll Cantonese Style (2 pieces)
Sesame Prawns On Toast (2 pieces)
Chicken with Green Pepper in Black Bean Sauce
Egg Fried Rice

B FOR 2 PERSONS £16.80

Crispy Spring Roll Cantonese Style (4 pieces)
Cantonese Sweet & Sour Special (L)
Beef with Green Pepper in Black Bean Sauce
Stir Fried Beansprouts
Special Fried Rice (L)

C FOR 3 PERSONS £26.00

Sesame Prawns On Toast (6 pieces)
Spare Ribs in Barbecue Sauce
Deep Fried Crispy Chicken with Spicy Sauce (L)
Beef with Green Pepper in Black Bean Sauce (L)
Roast Pork with Mixed Vegetable (L)
Special Fried Rice (L)
Plain Chow Mein (L)

D FOR 4 PERSONS £34.00

Satay Chicken (4 Skewers)
Spare Ribs in Spicy Sauce
Crispy Spring Roll Cantonese Style (8 pieces)
Cantonese Sweet & Sour Special (L)
Fired Wok Wandering Dragon (L)
Beef with Green Pepper in Black Bean Sauce
Plain Chow Mein (L)
Special Fried Rice (L)

E FOR 4 PERSONS £40.00

Sea Crispy Chicken
Spare Ribs in Chilli & Salt
Crispy Aromatic Duck (Half)
Beef with Ginger & Spring Onion
Sweet & Sour Chicken Cantonese Style
Bean Curd with Mixed Vegetable in Oyster Sauce
Plain Chow Mein (L)
Special Fried Rice (L)